



**DZOGCHEN CENTER**  
AWAKENING THE BUDDHA WITHIN

# LAMA SURYA DAS

## **AWAKENING WITHIN** **“EIGHT STEPS TO ENLIGHTENMENT”** **Dzogchen Natural Meditation Retreat**

**Thursday, April 4 to Sunday, April 7, 2013**

Dzogchen Osel Ling, in the Hill Country near Austin, Texas

We are all Buddhas by nature—we only have to recognize and awaken to our innate wealth of wisdom and compassion. This is the rare and precious teaching of the Great Perfection—Dzogchen. Introducing us to our original nature is the life-work of renowned teacher, author and Dzogchen lineage holder Lama Surya Das.

We invite you to join Lama Surya at his beautiful hermitage and retreat sanctuary, Dzogchen Osel Ling, for an extended weekend of awakening to the joy of naturally-arising timeless awareness. Lama Surya will offer profound instruction throughout the week and offer lively Q&A sessions. In addition to inspiring dharma talks, heart-opening chanting, guided and silent meditations, this retreat will also offer opportunity for practices such as sky-gazing and/or Tibetan Energy Yoga.

Outside of the teaching hall (the Tara Temple), the precious gift of Noble Silence is observed, allowing us the peace and spaciousness to explore the mind, as well as to rest and retreat from the busyness of everyday life & chatter.

In addition to formal sessions, there is plenty of opportunity to enjoy a brisk (or leisurely) stroll in the surrounding countryside, or just to laze around under a shady oak tree. Ahhh!

Registration fees (inclusive of accommodation and delicious vegetarian meals) from \$995 for this eight-day retreat. Compensation for the teacher will be accepted in the traditional form of dana (voluntary donation) in honor of the teachings. Significant partial scholarships for students in full-time education.

*Please see website registration page for details. **Non-Residential Rates are available to local attendees.**  
This retreat typically fills up quickly and some room-types are limited, so please register early to avoid disappointment.*



**LAMA SURYA DAS** was among the first spiritual explorers to encounter the great Tibetan masters in Asia; he is a Lineage holder in the Dzogchen tradition of Tibetan Buddhism, and a pioneer in bringing these sacred teachings to the West. His 40+ years of study and practice have included more than 8 years in secluded retreat. He began teaching in the U.S. with Nyoshul Khen Rinpoche, who formally authorized him to transmit the teachings of Dzogchen—the Great Perfection. His special gift is the ability to transmit the very pith of Dzogchen instructions with expansive warmth, poetry and abundant good humor, in a way that is accessible to all. He teaches and leads retreats around the world, and has reached millions through the publication of 13 books, including his best-seller *Awakening the Buddha Within* and his most recent work *Buddha Standard Time: Awakening to the Infinite Possibilities of Now*.

**FOR SECURE ONLINE REGISTRATION VISIT [www.dzogchen.org/retreats](http://www.dzogchen.org/retreats)**

For more information e-mail [retreat@dzogchen.org](mailto:retreat@dzogchen.org) or phone 585-348-7125